



# FRANÇAIS + YOGA

## Dates

All year round

## Public

Adults 16+

## Level

Beginner to Advanced

## Starting dates

Beginners: 1<sup>st</sup> Monday of the month

Other levels: every Monday

## Lessons per week

20 + 6 yoga classes

## Class size

9/10 students (12 max)

## Prices

- Registration fees: 80€
- 1-3 weeks: 302€/week
- 4-6 weeks: 282€/week
- 7-11 weeks: 272€/week

## Contact

[contact@accentfrançais.com](mailto:contact@accentfrançais.com)

## Booking

[www.accentfrançais.com](http://www.accentfrançais.com)



If you want to practice and improve your French in a truly inspiring environment, the French + Yoga course in Montpellier is **the number one choice!** You will enjoy your language immersion by developing your French skills and Yoga abilities in a relaxed and supportive environment thanks to dedicated and qualified French teachers and Yoga instructors.

## Content

### Standard French Course 20 lessons per week:

The course focuses on learning the fundamental linguistic aspects: reading, writing, understanding, with a special attention to oral expression and phonetics.

### Yoga practice, 6 classes per week

Learning French while discovering a new discipline or continuing your regular practice is what **this unique programme** in France will allow you to do! Ashtanga, Vinyasa, Iyengar... The Yoga Centre offers a wide range of classes and is open from Monday to Saturday so you can practice every day.

## Goals

- You improve your knowledge of the French language and culture through our French classes in small groups (12 people maximum)
- You practice Yoga in French every day!
- You meet and share your passion with French people.
- The yoga school provides you with mats, bricks and straps!

## Course schedule

(1 lesson = 45 minutes)

	Monday	Tuesday	Wed.	Thursday	Friday	Weekend
Morning	8h30 - 10h00 New students orientation	9h00 - 12h15 or 4.15pm - 7.30pm Standard course	9h00 - 12h15 or 4.15pm - 7.30pm Standard course	9h00 - 12h15 or 4.15pm - 7.30pm Standard course	9h00 - 12h15 or 4.15pm - 7.30pm Standard course	Yoga class
	10h00 - 13h15 or 4.15pm - 7.30pm Standard course					
Afternoon	Guided tour of Montpellier  Yoga class	Yoga class	Yoga class	Yoga class	Yoga class	

Depending on the school's attendance, the French and cooking classes can be scheduled differently in order to guarantee the best learning conditions for everyone (premises, equipment...). For example, cooking classes can be scheduled on a different day of the week.



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BIENVENUE À L'ÉCOLE N°1 DE FRANÇAIS



## The school Accent Français

The school is situated in the South of France, in the heart of the historical centre of Montpellier. In less of five minutes you are at the main station of the tram and at the SCNF Station of Saint-Roch. You are on the most beautiful beaches of the Region Occitanie in fifteen minutes.

- The Institute was built in **1998**
- **More than 2000** Students per year
- **More than 80** nationalities per year
- **98%** of our former students recommend us
- Labelled institute « FLE Quality » **15 stars**
- Elected « **Super Star French Language School** »

## Educational path



## Our teaching methods and tools

- Native French teachers and a MASTER FLE graduate
- Communicative and action-orientated approach, weekly program established according to the CEFR.
- A complete course to work on all your skills
- Various supports (manual and specialized methods), authentic documents (newspaper articles, literacy excerpts, songs, games, dialogues...)
- Modern tools (BIT/FFT, monitors and computers in each room), tablets, application,...
- Documents provided by the teacher according to the program and the needs of the class
- Small groups on average 8 or 9 persons (maximum 12 students per class all year round)

## Our additional services

- Resource centre with workspace for computers, methods, books and DVDs at your disposal
- Free pedagogical tutoring : a teacher is available to guide you in your learning
- Free 24-hour access to our online exercise platform
- A free application for a digital classroom
- Complementary Activities Program: Events, friendly outings, cultural activities, sporting events, lectures, tastings, linguistic exchanges, etc.
- TCF, DFP examination centre and DELF/DALF registration is possible at the school

## Dates 2021

Courses start every Monday except for complete beginners, see specific dates below :

4 Jan	1 Feb	1 March	5 April	3 May	7 June	5 July.	2 Aug.	6 Sept.	4 Oct.	1 Nov.
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- Public holidays : In agreement with the French calendar, the school is closed on French bank holidays. No courses will be offered on these days, compensation will be offered to replace group courses (excursion or activities).
- Yearly closure of the school: from 20/12/2019 to 6/01/2020 and from 18/12/2020 to 04/01/2021

## Prices

Registration fee +80€ (included: French course, educational materials, welcome pack, unlimited access to our resource centre with tutoring and online workbook, orientation and integration meeting, guided tour of Montpellier and educational activities according to the calendar, App to access the class 24 hours a day, regular evaluations and certificate of completion of the course)



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